

## DECEMBER SIBSESSION

Barber National Institute - Cafeteria 100 Barber Place, Erie, PA (Enter through gated parking lot on East 3<sup>rd</sup> St.)

> When: Saturday, December 18, 2021 Time: 11:00 a.m. to 2:00 p.m.

Come join us for some holiday fun --- Including a light lunch, a variety of fun activities, crafts and games.

Make your reservation before December 17, 2021 for this free event by calling Diane in Family Support Services at 814-878-5961. Space is limited to 5 children due to social distancing protocol.

"SibSessions" is a series of eight support group meetings for persons age 5 to their 16<sup>th</sup> birthday who have a brother or sister with an intellectual disability.

Brothers and sisters of individuals with intellectual disabilities are sometimes caught between the outside world and the world at home. To help balance life between the two, and to provide a supportive setting for the expression of feelings and the development of new friendships, Family Support Services offers this sibling service. Time together includes lunch and may include games, crafts and sharing time. The sessions are offered free of charge and are designed to encourage the expression of feelings and concerns, as well as the positive aspects of having an affected sibling.

"Sponsored in part by the Erie County Dept. of Human Services"



